



Black Belt Academy Schedule

CLASS	MON	TUES	WED	THURS	FRI	SAT
TIGERS BASIC Ages 3-6 (White - Yellow)	4:45pm - 5:15pm	-----	5:15pm - 5:45pm	-----	4:30pm - 5:00pm	9:30am - 10:00am
JUNIORS BASIC Ages 7-12 (White - Yellow)	5:15pm - 5:45pm	6:00pm - 6:30pm	-----	-----	5:00pm - 5:30pm	10:00am - 10:30am
LEADERSHIP (All Ages, All Ranks)	5:45pm - 6:15pm	6:30pm - 7:00pm	5:45pm - 6:15pm	5:30pm - 6:00pm	-----	-----
JUNIORS ADVANCED Ages 7-12 (Camo - Red)	6:15pm - 7:00pm	4:45pm - 5:30pm	6:15pm - 7:00pm	4:45pm - 5:30pm	-----	10:00am - 10:30am
ADULTS	7:00pm - 7:45pm	-----	7:00pm - 7:45pm	7:00pm - 7:45pm	-----	10:30am - 11:15am
BLACK BELTS	-----	7:00pm - 7:45pm	-----	6:00pm - 6:45pm	5:30pm - 6:15pm	11:15am - 12:00pm
RED/BLACK BELTS	-----	7:00pm - 7:45pm	4:45pm - 5:15	6:00pm - 6:45pm	5:30pm - 6:15pm	11:15am - 12:00pm
DEMO TEAM	-----	-----	-----	-----	6:15pm - 6:45pm	-----
LEGACY	-----	-----	-----	-----	6:45pm - 7:30pm	12:00pm - 12:45pm
Ground Defense	-----	5:30pm - 6:00pm	-----	-----	-----	-----

**1724 Carothers Pkwy, Suite 300,
Brentwood TN 37027
(615) 370 - 7027**

SCHEDULE EFFECTIVE: Sept. 2nd, 2019

Friday & Saturday are TKD Shirt Days!!!